



MEALS FOR 1

Order meals for three or five days

Packages for 3 days @ \$100 Packages for 5 days @ \$150

Each day includes 1 Salad, 2 Sides & 1 Entrée

**Options to mix & match - speak to an account executive!*



SALAD

Caesar Salad

Romaine hearts, herbed croutons, parmesan shards, Caesar dressing

Garden Salad

Romaine hearts, radishes, cucumber, cherry tomatoes, carrots, peppers, croutons, balsamic *or* Italian vinaigrette

Arugula Salad

Arugula, hearts of palm, heirloom tomatoes, and shaved parmesan, lemon vinaigrette

Fattoush Salad

Pita bread salad with lettuce, tomato, cucumber, peppers, lots of mint and parsley, vinaigrette flavored with mid-eastern spices

Grilled Peach Salad

Mesclun greens, marinated and grilled peaches, dried cranberries, pomegranate seeds, crispy rice noodles, goat cheese, citrus cilantro vinaigrette

**Option - add grilled chicken, turkey & salmon for \$5.00 & beef for \$8.00 per person*

SIDES

Crispy Brussel Sprouts

Honey Glazed Carrots

Sautéed Spinach

Broccolini

Traditional Mashed Potatoes

Ribbon Carrot & Zucchini Pasta

Basmati and Wild Rice with Herbs

Assorted Roasted Potatoes

ENTREES

Individual Filet of Beef (Additional \$8.00 per serving)

Individual filet of beef, served with horseradish sauce

Individual Serving of Traditional Meat or Roasted Vegetable Lasagna

Roasted Rosemary Chicken Breast

Chicken breast with wing tip intact

Chicken Piccata or Marsala

Scallops of Chicken

Individual Fillet of Grilled Asian Salmon

Topped with soy apricot glaze

Individual Fillet of Panko Encrusted Salmon

Tilapia A La Sicilian

Topped with tomatoes, green olives, capers, sweet raisins, pine nuts, garlic, and onions

Maryland Crab Cakes (Additional \$8.00 per serving)

Served with cocktail sauce & tartar sauce

Veg/Vegan Artichoke Cake

Served with vegan remoulade

Veg/Vegan Quinoa Cake

Served with vegan Tahini

ADD ON

SOUP

\$16.00 per quart

Tomato Basil

Gazpacho

Sweet Pea

SWEETS

Assorted Cookies

(Example: Chocolate Chip, S'mores, Oatmeal, Sugar)

\$18.00 per dozen

Assorted Bars

(Example: 7 Layer, Lemon, Pecan, Apricot)

\$18.00 per dozen

Vegan and/or Gluten Free Cookies & Bars

\$18.00 per dozen

**Prices Subject To Sales Tax &
\$15.00 Delivery fee within Washington DC, Maryland,
and Virginia**

NO CONTACT CURBSIDE PICK-UP AVAILABLE

Call: 301 984 4411

Email: service@cateringbyprovisions.com